

Root Canal Treatment

You can expect mild to moderate discomfort on any tooth having root canal treatment. This is due to inflammation around the root of the tooth and is a normal part of the healing process. Usually the symptoms will be a dull ache, sensitivity to chewing, biting or touch. The discomfort may intensify during the second, third, or fourth day after treatment, but should decrease after that.

The symptoms can be minimized by taking anti-inflammatory medication as soon as possible after completion of the root canal treatment. The key is to take this medication regularly, as prescribed. Pain medication will probably be necessary as well, and can be taken as needed (within prescribed doses).

If you have a tendency to grind your teeth habitually, duration and degree of the discomfort may be intensified and last longer as the inflammation does not have an opportunity to subside due to the constant trauma on the tooth. Should the discomfort continue to intensify after one week, or not subside, it is important to call our office so further evaluation can be done.

It is important that teeth with root canal treatment, particularly back teeth, have crowns placed upon them. Root canal treated teeth are more prone to fracture.

If you have any questions regarding root canal treatment or your oral health, please do not hesitate to call our office.