

CROWN OR BRIDGE HOME CARE GUIDELINES

1st VISIT

The process for making a custom crown requires 2 visits. On your first visit the tooth is cut and prepared for the crown, any cavities are removed. If there is insufficient tooth structure the tooth may require a buildup as well. It takes approximately 2 weeks for the lab to *custom* create your permanent crown.

A temporary crown will be placed on your tooth for protection. In rare instances, the temporary may come off. If it does come off, contact our office right away to have it recemented with the appropriate bonding materials. In the meantime, gently reapply it with petroleum jelly or toothpaste and be careful when chewing and eating until you are able to make it to the office.

WHAT TO EXPECT

You may experience soreness around the gum line. Rinse with warm salt water. Some people may also experience sensitivity to hot & cold and/or pressure. These are normal and should subside with time.

Contact our office if:

- You experience throbbing or intense pain
- Your bite feels uneven and/or you experience pain with chewing
- Your temporary comes off

HOME CARE

- Rise with warm salt water
- Chew on the opposite side of your mouth for the first day
- Avoid chewing sticky foods, chewing gum and ice
- When flossing that tooth use a back & forth motion, NOT up & down, as you may pull of the temporary.

If you have any questions or concerns, do not hesitate to call.